

# Synergy Sober House

6069 Pickford Pl.,  
Los Angeles, CA 90035  
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## CONTRACT OF RESIDENCY

**Synergy Sober House** is a transitional living facility for individuals who are recovering from alcohol or substance abuse. Residents are subject to substance testing at any time while living at **Synergy Sober House**. **THE USE, AND/OR POSSESSION OF DRUGS AND/OR ALCOHOL IS GROUNDS FOR IMMEDIATE EXPULSION.**

All policies and procedures outlined within this contract and any applicable subsequent amendments are in full force and effect during Resident's entire residency at **Synergy Sober House** unless specifically defined within a subsection of this contract. Violation of any policy or procedure outlined within this contract and any applicable subsequent amendments will result in disciplinary actions including, but not limited to, fines, fees, House probation/restriction, and possible expulsion.

### I. Upon Arrival

1. Resident will commence a 30 day probation period.
2. Complete an Intake Form and Consent Form.
3. Read and sign House Rules Form.
4. Read and sign House Contract.
5. Pay a total of \$\_\_\_\_\_ calculated as follows:
  - i. \$\_\_\_\_\_ Security Deposit;
  - ii. \$\_\_\_\_\_ in Rent monies for the first month of residency;
6. Resident will be given drug and alcohol test.

### II. During initial 30 days of Residency

1. No visits with significant others are permitted on or off premises unless prior approval is received from Head of household. Communication may be in the form of letters only.
2. Employment or school schedule must be obtained within 30 days of initial date of residency at Synergy Sober House.
3. Resident may not have any overnight stays off premises in the first 30 days.
4. Curfew of 11:00pm. on weekdays and 1:00am. on weekends.
5. Resident must sign in and out when leaving, or arriving at the House, and may only leave the premises (for non-job related activities) with persons not on House probation, or with a Sponsor.
6. Resident must select a Home Group.
7. Resident must select a Sponsor.
8. Resident must schedule a drug and alcohol evaluation.
9. A signature must be obtained for each AA/NA meeting attended.
10. At the completion of the initial 30 days of residency, a house vote will be taken, in concurrence with a consultation with Head of household to determine the continuance of your residency.
11. An individual consultation with Head of household will be completed at the end of the initial 30 days to determine the status of your probationary period and to review House policy and procedure.

### III. During initial 90 days of Residency

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1. Resident must attend a minimum of 90 AA/NA meetings in 90 days. After 90 days, a minimum 5 meetings per week is required. Attendance will be reviewed at each house meeting.
2. No relationships for 90 days for all newcomers.

## IV. Expense Responsibility

1. Rent is \$\_\_\_\_\_ per month.
2. Groceries are not supplied by the house.
3. Advance payments can be made for rent and/or other charges.
4. There will be a \$25.00 fee for all returned checks.

## V. Employment Obligations

1. Resident seeking employment in an establishment that serves alcohol must receive approval by Head of household.
2. Resident's progress toward employment and recovery goals will be addressed at each house meeting.

## VI. Immediate dismissal will occur for the following:

1. Disruptive behavior is grounds for immediate dismissal.
2. Disruptive behavior is defined as follows, but is not limited to:
  - i. \_\_\_\_\_Violence or threats of physical violence.
  - ii. \_\_\_\_\_Abusive verbal behavior.
  - iii. \_\_\_\_\_Physical violence.
  - iv. \_\_\_\_\_A "chronic" bad attitude
  - v. \_\_\_\_\_Gambling.
  - vi. \_\_\_\_\_Destruction of house property.
  - vii. \_\_\_\_\_Loud music, television, radio or instrument.
  - viii. \_\_\_\_\_Theft.
  - ix. \_\_\_\_\_Arson
  - x. \_\_\_\_\_Breaking confidentiality.
  - xi. \_\_\_\_\_Abusive/loud arguments.
  - xii. \_\_\_\_\_Violation of House policy and procedure.
  - xiii. \_\_\_\_\_Use of drugs or alcohol on or off the property
  - xiv. \_\_\_\_\_Possession and/or use of weapons.
  - xv. \_\_\_\_\_Refusal to provide a urine sample and or alcohol test.
  - xvi. \_\_\_\_\_Not informing management when you know that a resident is using drugs or alcohol
  - xvii. \_\_\_\_\_Not paying rent.

Head of household will make any decisions regarding expulsion and House rule changes.

## VII. Resident Responsibilities

1. Resident must respect the anonymity of all residents. Resident and House business is confidential and **must not be discussed outside of the house.** Violation of this policy will be grounds for immediate expulsion.
2. Resident will be responsible for completing assigned chores. Chores will be assigned by House manager.

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3. Residents are expected to maintain a respectful noise level at all times while in the House
4. Resident must complete aftercare as required by the referring treatment center, counselor, or parole officer. Release of information (consent form) must be completed.
5. Rooms are subject to inspection at any time by Choices Staff or Head of household. Room should be kept neat and clean, and the beds should be made daily.
6. On Saturdays, all House cleaning must be completed by no later than 12:00 noon. House must be cleaned by all Residents and inspected by Head of household prior to anyone being able to leave the premises. Residents are expected to plan their time accordingly in order to complete their individually assigned chores.

## VIII. Overnights

1. No overnights will be allowed for anyone during the 30 day probationary period.
2. Overnight stays off premises must be requested through the Head of household,
3. Overnight stay requests must be received no later than one day before the requested date.
4. Overnights may not be accumulated. One overnight stay per week is allowed, unless pre-approved by Head of household.
5. Overnights are 24 hours, unless pre-approved by Head of household.

## IX. Medicine

1. Resident must self-administer medication as prescribed by a physician.
2. Resident must not discontinue medication for any reason without a physician's order.
3. Resident may not be prescribed narcotic medications.
4. Medication must be stored out of plain view from other Residents. For example, in a dresser, closet, or in a container under the bed.

## X. Curfew

1. House curfew Sunday through Thursday is 11:00pm.
2. House curfew Friday and Saturday is 1:00am.
3. Exceptions will be made only for employment-related reasons (verification will be required).
4. See addendum for Advanced House curfew.

## XI. Visitors

1. All visitors must be pre-approved by Head of household.
2. Visitors are allowed on the first floor only, but not in the bedrooms or hallway.
3. Visitors must have a minimum of 30 days of sobriety.

## XII. Telephone

1. Free Long distance and local calls can be made on the House Phone; Telephone curfew for incoming and outgoing calls is 10:00pm Sunday through Thursday.
2. Calls are permitted until 11pm on Friday and Saturday nights.
3. Calls are limited to 15 minutes.

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## XIII. Smoking

1. Smoking is prohibited in the house. Violation of this policy will result in offending Resident being placed on a minimum 2 week restriction and possible dismissal.
2. Smoking is permitted in designated areas only.

## XIV. Lock Down

1. The House is subject to lock down at any time by Choices Staff.
2. Lock down is defined as, but not limited to:
  - i. No television.
  - ii. No telephone.
  - iii. Leaving House for work only.
  - iv. No outside meetings. Meetings will be brought into House for Residents.

## XV. Termination of Residency

1. A one-week notice is required prior to moving out in order to receive Security Deposit.
2. Upon leaving, Resident's bedroom should be thoroughly cleaned.
3. Any Resident expelled for any reason will not be permitted to return to the premises as a Resident for a minimum of 5 to 7 days, and must go to the mission, a shelter, hospital, or detox. Expelled Resident must have a clean urine test in order to return.
4. Resident will not be permitted to return to the premises as a Resident if they used any illegal drugs or alcohol or possession of illegal drugs and alcohol on premises.
5. Upon expulsion, personal belongings must be picked up within three days or the belongings become the property of Synergy Sober House.
6. Resident's Account must be current in order to receive personal belongings.
7. Prepaid rent monies and security deposits **will not** be returned to Resident if was asked to leave for rule violation or relapse expelled.

This Contract and rules are subject to change without prior notice, by Owner or Head of household at any time.

My signature below signifies that I have read, and understand, the terms and conditions set forth in this contract and I agree to abide by them:

\_\_\_\_\_  
Resident's Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date